

**FOR IMMEDIATE RELEASE
August 22, 2008**

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Three Firms Join Forces to Help the Central Virginia Foodbank

Glen Allen, Virginia, August 22, 2008 -- **Keiter, Stephens, Hurst, Gary & Shreaves, P.C., Keiter, Slabaugh, Penny & Holme, LLC, and the Capital Advisory Group** unite to help the Central Virginia Foodbank.

The Central Virginia Foodbank, a local nonprofit 501(c)3 organization, put out the call for help in August. Essentially, donations were down, the food supply was sparse, and the need for food to help feed the community was increasing. On Wednesday morning, the NBC Channel 12 news team announced the needs for the CVFB and requested help from the community.

“Many of us at Keiter Stephens were drawn to help the CVFB. Quarterly, we host a *Jeans Day for Charity* event at the office where proceeds go to a local charity. After hearing NBC Channel 12 broadcast for help, the suggestion to have a *Jeans Day for Charity* to include a canned food drive was approved. We didn’t stop there. We invited Keiter, Slabaugh, Penny & Holme (KSPH) and the Capital Advisory Group to join the cause. In addition to this combined effort, KSPH staff has made summer donations to CVFB as part of their own charity initiative,” explained Fonda Lang, Marketing Manager for Keiter Stephens.

“Sharing our time and resources with the community is part of our Firm mission and we continually seek creative ways to make a difference. It gets our staff excited about contributing to those in need, creates loyalty, and is just simply part of our culture. We have had a great response and hope to make a significant impact on our community while helping the CVFB,” Ms. Lang added.

The charity event resulted in a car load of food items and \$242 in cash donated directly to the CVFB.



Pictured above: Fonda Lang (KS), Coleen Moore (KS), Lisa Longest (CapGroup), Carole Raikes (KSPH), Dave Talbert (KSPH), Paula Rowe (KS), Nick Zizzo (CapGroup), Roberta Justice (KS), and Janet Snellings (KS).

About Keiter, Stephens, Hurst, Gary & Shreaves

Keiter, Stephens, Hurst, Gary & Shreaves, PC, headquartered in Richmond, Virginia, offers a variety of accounting and consulting services. With 18 principals and a total of 120 employees including 56 CPAs on staff, KSHGS is one of the largest CPA firms in Central Virginia. KSHGS specializes in serving privately-held businesses and their owners, with a significant focus of its practice serving the distribution, manufacturing, service, retail, real estate, and not-for-profit industries. The Firm has offices in Richmond and Charlottesville, Virginia. The Firm's mission is to deliver quality client service, provide fulfilling careers, and share time and resources to build stronger communities. For more information on Keiter Stephens, please visit www.kshgs.com

About Keiter, Slabaugh, Penny & Holme

Keiter, Slabaugh, Penny & Holme, LLC, founded in October 2000, is dedicated to creating cost effective, professional solutions for managing a company's employee benefits and HR needs. Their staff of professionals includes benefit design and administration specialists, underwriters, communications professionals, and human resources professionals. During the last eight years, the firm has grown to include 31 employees. For more information on KSPH, please visit www.ksphllc.com

About the Capital Advisory Group

Capital Advisory Group was founded in 1983 as an independent registered investment adviser, owned by its senior professionals. They have evolved through the years into a preeminent regional firm with specialized practices serving the asset management and investment consulting needs of high net worth families and middle market institutional investors, such as pensions, 401k plans and charitable foundations. For more information on the Capital Advisory Group, please visit www.thecapgroup.com

About the Central Virginia Food Bank (taken from their website)

“The Central Virginia Foodbank (CVFB) was founded in 1980 to procure and distribute food efficiently and effectively to feeding programs throughout the area. Since then, the Central Virginia Foodbank service area has grown to include 31 counties and five cities in the Central Virginia region.” To find out more about the CVFB, visit their website at: www.cvfb.org

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